

# OPEN PRACTICE SESSIONS

## 1.5 HOURS OPEN PRACTICE

Adult (16yrs+) £14.00 • Juniors (4 -15yrs) £11.00

## FAMILY OPEN PRACTICE (1.5 HOURS)

Based on 2 adults + 2 Juniors £45.00

## 5 VISIT SUMMER PASS (5 X 1.5 HOURS)

Adult (16yrs+) £40.00 • Juniors (4 -15yrs) £30.00

3, 6 & 12 month Open Practice Passes available - ask at reception

Equipment hire is included in the above prices

For your protection long sleeves and trousers MUST be worn as well as gloves when taking part in skiing or snowboarding (even during warm weather)

Please note: Our PermaSnow™ slope is made of plastic loops (similar to AstroTurf) and has no holes in it like Diamond Matting. Being made of plastic it does run much SLOWER than real snow especially over the summer months but it is perfect for building confidence and practicing technique and for getting lots of practice using Poma/Drag lifts.

## THE ALPINE LODGE UPSTAIRS

Have you visited The Alpine Lodge upstairs?

We have a restaurant on the 1st floor serving a range of Hot Food & Snacks, Tea & Coffee, Cold Drinks & Ice Creams plus a fully licensed Bar. You can view the action outside from inside, from our gallery & outside terrace.

### ALSO AVAILABLE FOR FUNCTIONS

Special Occasions ♦ Wedding Receptions ♦ Birthday Parties  
Anniversaries ♦ Engagement Parties ♦ Christenings ♦ Funeral Teas  
Presentations ♦ Conferences ♦ Business Meetings

Hot & Cold Buffets and Disco available on request - contact Claire for details

## BIRTHDAY PARTIES

A Fantastic Birthday Event for Everyone

SLIDE & RIDE Sno-Tube & Toboggan PARTIES

SKI OR SNOWBOARD Taster LESSON PARTIES

all parties include food afterwards upstairs in The Alpine Lodge

£13 Child (4+) / £14 Teen (12+) / Adult packages are available

Parties must be pre-booked - Ask at reception for more details

## GROUP 'SLIDE SKI & SNACK' PACKAGE

AVAILABLE WEEKDAYS AND SCHOOL HOLIDAYS 9am-1pm

Includes a Ski/Snowboard Lesson (for beginners only)

Toboggan Rides, Sno-tubing, Viper Slides and a Light Lunch

Available for Group Bookings / Families of 6 or more

£20 per person (ask at reception for availability and restrictions)

Booking is advised for all Sno-tube, Viper and Slide & Ride Deal sessions

Please note: Last admission 1.5 hours before closing time

Footwear with good grip is essential (no flipflops or sandals) gloves recommended

IMPORTANT NOTE: All activities are only available to those aged 4 years +

## ❄️❄️ TOBOGGANING ❄️❄️

£2.50 per ride • Money Saver £8.00 for 4 rides

Children under the age of 4 CANNOT use the ride

Children aged 4-7 MUST ride with an ADULT (aged 16+ who rides for Free)

Children aged 8 and over MUST ride alone

(During busy periods the sale of tickets may be restricted to ease queuing times)

## ❄️❄️ SNO-TUBING ❄️❄️

Takes place on our main slope, using a special sno-tube sledge (donut shaped)

30 minute session £8.00 per person

This activity requires that you walk back up the steep hill after sliding down

## ❄️❄️❄️ VIPER SLIDE ❄️❄️❄️

Dare you ride the Viper Slide? Extreme sno-tube run with bumpy, twisting turns

£3.00 for 3 slides • £5.00 for 6 slides

This activity requires that you walk back up the steep hill after sliding down

££ MONEY SAVING COMBINATION OFFERS ££

## SLIDE & RIDE DEALS

### ★ SNO-TUBING + TOBOGGANING ★

30 Mins Tube Session with 2 Rides on the Toboggan £10.00

Add an extra two toboggan rides for £2 - subject to availability

### ★★ SNO-TUBING + TOBOGGAN + VIPER ★★

30 Mins Tube Session + 3 Toboggan Rides + 3 Viper Slides £15

### ★★★ FAMILY SAVER ★★★

GREAT TO SHARE BETWEEN TWO PEOPLE

6 Toboggan Rides + 6 Viper Slides £15.00

Add an extra two toboggan rides for £2 - subject to availability

## SLIDE & RIDE GROUP DEAL

Group Deal (10 or more people) available Monday - Thursday

30 Mins Tube session with 2 rides on the Toboggan £8.00

Groups Deals MUST be booked in advance - food can also be provided in the Alpine Lodge after the activities for an extra cost - please ask for more details

## Swadlincote Ski Slope AND SNOWBOARD CENTRE

## SUMMER TIMETABLE

1<sup>st</sup> May - 31<sup>st</sup> August 2017



01283 217200

we do not currently take internet bookings

Email us: [jnl-swadlincote@nikegroup.co.uk](mailto:jnl-swadlincote@nikegroup.co.uk)

Visit our Website at: [jnlswadlincote.co.uk](http://jnlswadlincote.co.uk)



Access statement available on the website

Find us on Facebook and Twitter



### TERM TIME OPENING HOURS

Mon to Fri 12 noon - 9pm Sat & Sun 10am - 6pm

Closed: Wednesdays except for Private Bookings

### SCHOOL HOLIDAY OPENING HOURS

Mon to Fri 10am - 9pm • Sat & Sun 10am - 6pm

Note: ☎ Booking lines close 8pm weekdays - 5pm weekends

Sir Herbert Wragg Way,  
Swadlincote, Derbyshire, DE11 8LP

SAVE 25% ON ALL LESSONS & ACTIVITIES

**MEMBERSHIP = 25% OFF**

Adult (16yrs+) £35.00 • Juniors (4 -15yrs) £20.00

Family Membership (2 Adults + 2 Juniors) £100.00

Ask at reception for more details and start saving straight away!

## PRIVATE LESSONS

**SINGLE PRIVATE LESSON - SKI or SNOWBOARD**

1 person £50.00 • 2 people £80.00

3 people £100.00 • 4 people £120.00

★ ★ FAMILY (2 adults + 2 juniors) £110.00 ★ ★

also Tots ½ hour - £25.00 (3-7 yr olds skiing only)

**3 PRIVATE LESSONS DEAL - SKI or SNOWBOARD**

1 person £120 • 2 people £200 • 3 people £250 • 4 people £280

★ ★ FAMILY (2 adults + 2 juniors) £270 ★ ★

also Tots 3 x ½ hour lessons - £60.00 (3-7 yr olds skiing only)

All private lessons are for 1 hour and must be booked in advance.

Private lessons are available subject to Instructor availability:

Monday: 3.00pm - 9.00pm • Tuesday: 5.00pm - 9.00pm

Wednesday: 10.00am - 12 noon and 3.00pm - 9.00pm

Thursday 10.00am - 1.00pm and 6.00pm - 9.00pm

Friday: 10.00am - 6.00pm

Saturday: SKI 9.30am - 1.00pm and SNOWBOARD 2.30 - 5.30pm

Sunday: SNOWBOARD 10.00am - 2.00pm and SKI 2.30pm - 5.30pm

## FRIDAY HALF PRICE NIGHT

TOBOGGAN is HALF PRICE on Fri after 5pm

and we also have HALF PRICE OPEN PRACTICE SESSIONS and  
HALF PRICE PIZZA & CHIPS upstairs in our Alpine Lodge  
(groups of 6 more please book in advance to ensure availability)

## FUN ACTIVITY DAYS (for 8-16 yr olds)

AVAILABLE DURING SCHOOL HOLIDAYS

A jam-packed day full of FUN activities to include:

★ TWO x Ski Lessons or Snowboard Lessons,

★ Cresta Run' Toboggan Rides,

★ Viper Slides and Sno-Tubing Session

★ plus a hot lunch upstairs in the Alpine Lodge!

9.00am - 3.00pm just £26pp ★ Book 2 on the same day for £20pp

Parents are also welcome to book on to these days with their children

Please call for dates and availability - Advance booking is required



**INSTRUCTOR TRAINING: MON NIGHT 7pm - 9pm • £10**

We are always looking for new instructors. Ask us about training sessions

For Skiers and Snowboarders at Advanced Levels (Age 15+)

Note: We are an outdoor centre so please bring waterproofs if rain is forecast

## SNOWBOARD LESSONS

Adults (16yrs+) £22.00 • Juniors (9-15yrs) £15.00

You **MUST** arrive 30 minutes early to allow sufficient time to check in and be kitted up with snowboard and boots, late arrivals may not be permitted to join the session. Average lesson slope time is 50 minutes. Price includes equipment hire - lessons must be booked in advance.

### MODULE A

Saturday

Sunday

Monday

### Complete Beginners

9.30am - 10.30am

10.00am - 11.00am

6.30pm - 7.30pm

### MODULE B

Saturday

Sunday

Monday

### Controlling Speed & Diagonals

10.30am - 11.30pm

11.00am - 12 noon

7.30pm - 8.30pm

### MODULE C

Saturday

Sunday

Monday

### Falling Leaf & Garlands

12 noon - 1.00pm

1.00pm - 2.00pm

8.30pm - 9.30pm

### MODULE D

Saturday

Sunday

Tuesday

### Fall Line, Preparing to Turn

1.00pm - 2.00pm

2.00pm - 3.00pm

6.30pm - 7.30pm

### ADVANCED (D+)

Saturday

Sunday

Tuesday

### Learning to Turn & Linking Turns

2.30pm - 3.30pm

3.00pm - 4.00pm

7.30pm - 8.30pm

Note, recommended for SNOWBOARDING: ✓ GLOVES with grippy palms, ie builders gloves/ gardening gloves, as these are helpful in using the rope tow and fastening bindings.

## 3 & 4 LESSON DEALS

SAVE £££s by booking a block of lessons

Book **THREE** x 1 Hour SKI or SNOWBOARD LESSONS

ADULTS (16yrs+) 3 lessons for £60.00 Save £7.50\*

JUNIORS (8/9-15yrs) 3 lessons for £40.00 Save £5.00\*

Book **FOUR** x 1 Hour SKI or SNOWBOARD LESSONS

ADULTS (16yrs+) 4 lessons for £70.00 Save £20.00\*

JUNIORS (8/9-15yrs) 4 lessons for £50.00 Save £10.00\*

Must be used on Group Lessons and must be booked in advance

\* saving shown if booked at individual lesson prices

## WHAT TO WEAR FOR DRYSLOPE SKI/SNOWBOARDING?

Our plastic slope has foam padding underneath but is abrasive on top, so please wear:

**LONG SLEEVE TOP** to protect your arms: Long sleeved t-shirt/top ✓ jacket ✓

**TOUSERS** to protect your legs: Jogging bottoms ✓ track pants ✓ combats ✓

✗ NO leggings (easily rip), ✗ NO jeans (cause discomfort in boots), ✗ NO shorts

**GLOVES** to protect your hands: Cheap gloves ✓ (not expensive ones, damage is likely)

## SKI LESSONS

Adults (16yrs+) £22.00 • Juniors (8-15yrs) £15.00

You **MUST** arrive 30 minutes early to allow sufficient time to check in and be kitted up with skis and boots, late arrivals may not be permitted to join the session. Average lesson slope time is 50 minutes. Price includes equipment hire - lessons must be booked in advance.

### LEVEL 1

Saturday

Sunday

Monday

### Complete Beginners

10.00am - 11.00am

9.30am - 10.30am

6.30pm - 7.30pm

### LEVEL 2

Saturday

Sunday

Monday

### Controlling Speed

11.00am - 12 noon

10.30am - 11.30am

7.30pm - 8.30pm

### LEVEL 3

Saturday

Sunday

Monday

### Learning to Turn

1.00pm - 2.00pm

12 noon - 1.00pm

8.30pm - 9.30pm

### LEVEL 4

Saturday

Sunday

Tuesday

### Linking & Varying Turns

2.00pm - 3.00pm

1.00pm - 2.00pm

6.30pm - 7.30pm

### LEVEL 5

Saturday

Sunday

Tuesday

### Developing Parallels & Parallel Turns

3.00pm - 4.00pm

2.30pm - 3.30pm

7.30pm - 8.30pm

## TOTS SKI LESSONS Lessons for 4-7 YEAR OLDS the best time to start!!

Tots ski lessons are run over 2 consecutive Saturdays -£24

You **MUST** arrive 20 mins early before lesson start time. Average slope time is 40 mins. All Tots lessons must be booked in advance.

Tots 1 9.15am - 10.00am

Tots 2 10.15am - 11.00am

Tots 3 11.15am - 12 noon

Tots 4 12.45pm - 1.30pm

Tots 5 1.45pm - 2.30pm

Book all 5 lessons for £100 !